FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Adams Robert John					2. Issuer Name and Ticker or Trading Symbol ALLETE INC [ALE]									(Check	all app Dired	olicable)	g Person(s) to Is				
(Last) (First) (Middle) 30 WEST SUPERIOR STREET				3. Date of Earliest Transaction (Month/Day/Year) 05/17/2019										X	belov	N) .	below)				
(Street) DULUTI (City)			55802 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Forn	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son				
		Tabl	le I - No	n-Deriv	ative	Se	curiti	es Ac	quired,	Dis	posed o	f, o	r Be	nefic	ially	Owne	ed				
Date				2. Transa Date (Month/E		ır) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispo		Disposed	curities Acquired (A) sed Of (D) (Instr. 3,			4 and See Be Ow		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		(A) or (D)	Pric	е	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 05/17/					/2019	2019			S		2,885 D		D	\$8	2.45	8,508.83(1)		D			
Common Stock															7,3	447.65 ⁽²⁾	Ι		By RSOP Trust		
		Та	able II - I								sed of, onvertib					wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (I 8)	(Instr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expiration (Month/E	on Date	•	Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		of s ng e (Instr. 3 mount r lumber f	int er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form Direct or Ind (I) (In	t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. Includes shares acquired in exempt transactions under ALLETE's employee stock purchase plan, the dividend reinvestment feature of ALLETE's stock purchase and dividend reinvestment plan, and the dividend equivalent feature of restricted stock grants pursuant to ALLETE's executive long-term incentive compensation plan, all based on plan information available as of May 1, 2019.
- 2. Includes shares acquired in exempt transactions pursuant to ALLETE's retirement savings and stock ownership plan (RSOP) and is based on RSOP plan information available as of May 1, 2019.

Remarks:

Ingrid K. Johnson for Robert J. 05/20/2019 Adams

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.