$\square$ 

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

С	heck this box if no longer subject to
	ection 16. Form 4 or Form 5
	bligations may continue. See
	nstruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

	ss of Reporting Person		2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>ALLETE INC</u> [ ALE ]		5. Relationship of Reporting Person(s) to Is (Check all applicable) Director 10% C				
(Last) (First) (Middle) 30 WEST SUPERIOR STREET		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2005	Х	Officer (give title below) Sr. VP Support &	Other (specify below) CAO			
(Street) DULUTH MN 55802		55802	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi Line) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)			Person	ene roperang			

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

			· · · ,	-	,					
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	03/08/2005		М		2,169	Α	\$25.08	6,750.76 <sup>(1)</sup>	D	
Common Stock	03/08/2005		М		5,359	A	\$25.45	12,109.76	D	
Common Stock	03/08/2005		М		6,060	Α	\$18.85	18,169.76	D	
Common Stock	03/08/2005		s		13,588	D	\$43.83	4,581.76	D	
Common Stock								2,788.79 <sup>(2)</sup>	I	By RSOP Trust

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) o Disp of (I	oosed 0) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/N	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option - Right to Buy	\$25.08	03/08/2005		М			2,169	(3)	01/02/2008	Common Stock	2,169	\$0	0	D	
Employee Stock Option - Right to Buy	<b>\$</b> 25.45	03/08/2005		М			5,359	(4)	01/04/2009	Common Stock	5,359	\$ <u>0</u>	0	D	
Employee Stock Option - Right to Buy	<b>\$</b> 18.85	03/08/2005		М			6,060	(5)	01/03/2010	Common Stock	6,060	\$ <u>0</u>	0	D	

Explanation of Responses:

1. Includes shares acquired in exempt transactions under ALLETE's stock purchase and dividend reinvestment plan and ALLETE's employee stock purchase plan, and is based on plan information available as of March 1, 2005.

2. Includes shares acquired in exempt transactions under ALLETE's retirement savings and stock ownership plan (RSOP) and is based on RSOP plan information available as of February 28, 2005.

3. This option vested 50% on January 2, 1999 and 50% on January 2, 2000.

4. This option vested 50% on January 4, 2000 and 50% on January 4, 2001.

5. This option vested 50% on January 3, 2001 and 50% on January 3, 2002.

**Remarks:** 

Ingrid K. Johnson for Claudia R. Scott Welty

03/10/2005

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, *see* Instruction 4 (b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.