FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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	Check this box if no longer subject to
)	Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* HAINES JAMES S JR						2. Issuer Name and Ticker or Trading Symbol ALLETE INC [ALE]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					1										X	Direc	ctor		10% C	wner	
(Last) (First) (Middle) 984 NORTH 1800 ROAD					3. Date of Earliest Transaction (Month/Day/Year) 06/03/2013										Office	er (give title v)		Other below)	(specify		
					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) LAWREI	NCE KS	5 6	66049												X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	ate) (Zip)													Pers	on				
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Acc	quired,	Dis	posed o	f, or	Ben	eficia	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					ur) E	A. Deemed execution Date, any Month/Day/Year)		Transaction Dispose Code (Instr. 5)		Disposed	ities Acquired (A) d Of (D) (Instr. 3,			nd	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount (A		(A) or (D)	Price	Trans		action(s) . 3 and 4)			(1130.4)	
Common Stock 06/03/				/2013	2013		A		1,204.34		A	A \$0		9,967.86(1)			D				
		Та							,		sed of, onvertib				y Ov	vned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transa Code (8)				6. Date E Expiration (Month/E	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	wnership orm: irect (D) r Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	nber							

Explanation of Responses:

1. Includes shares acquired in exempt transactions pursuant to the dividend equivalent feature of deferred stock awards under ALLETE's nonemployee compensation deferral plan, and is based on plan information available as of May 31, 2013.

Remarks:

Ingrid K. Johnson for James S. Haines, Jr.

06/04/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.