FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-028
Estimated average burden	
hours per response:	0.
	OMB Number: Estimated average burden

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reporting Person*  SMITH NICK  (Last) (First) (Middle)  747 SELLWOOD BUILDING 202 WEST SUPERIOR STREET					Issuer Name and Ticker or Trading Symbol     ALLETE INC [ ALE ]  3. Date of Earliest Transaction (Month/Day/Year) 06/01/2004									∢all ap	ip of Reporting Pe plicable) Director Officer (give title	,,	o Issuer 10% Owner Other (specify below)		
(Street) DULUTH M (City) (S	N rate)	556 (Zip			4. If Amen	dment, Date	of Original Fil	ed (Monti	h/Day/Ye	ear)				K	or Joint/Group Fili Form filed by On Form filed by Mo	e Reportir	ng Perso	n	
			T	able I -	Non-Deri	vative Se	curities A	cquire	d, Disp	osed of	, or Bene	ficially Ow	ned						
1. Title of Security (Instr. 3)			2. Transacti Date (Month/Day	Exec	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) 4. Securi 3, 4 and		rities Acquired (A) or Disposed Of (D 5)		d Of (D) (Instr.	5. Amount of Secur Beneficially Owned Reported Transacti		Following Dire		rship Form: D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr.			
			(WOIIII/Day	(Mon		Code	v	Amount		(A) or (D)	Price	(Ins	tr. 3 and 4)	(3)	(Instr. 4)		4)		
Common Stock					06/01/2	004		Α		1,3	389.3	A	\$0		12,009.36(1	)		D	
Common Stock															50			I	By Spouse
Common Stock													2,000			I		By IRA Trust	
Common Stock													2,970(1)				I	Keogh Plan	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	onversion Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Instr. 8 if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Instr. 8 if any (Month/Day/Ye		4. Transac (Instr. 8)	ction Code	Securities A			6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date		Derivative Security (Instr. 3 and		Amount or	Derivative Security (Instr		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Reflects 910 shares transferred by reporting person from an investment account to a Keogh Plan for the benefit of reporting person.

Remarks:

Ingrid K. Johnson for Nick Smith

\*\* Signature of Reporting Person

06/02/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\*\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Numb

Exhibit 24

POWER OF ATTORNEY

/s/ Nick Smith

Know all by these presents, that the undersigned hereby constitutes and appoints each of Deborah A. Amberg, Ingrid K. Johnson, Christopher D. Anderson, Lyssa S. Sup:

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of ALLETE, Inc. (Company), Forms 3, 4, and 5 in accords

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5, compically to the support of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best:

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or the undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Compary. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this \_\_\_\_\_\_\_\_ day April, 2004.