#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to	STATEMENT OF CHA
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Sec

# ANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Adams Robert John					2. Issuer Name <b>and</b> Ticker or Trading Symbol ALLETE INC [ ALE ]										Check	all app	olicable)	g Person	Person(s) to Issu 10% Ow	
(Last) 30 WEST	(Fii	rst) ( OR STREET	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/19/2020									X	belov	N) .	Other (specify below) & CFO		
(Street)  DULUTH  (City)			55802 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indiv ine) X	Forn	or Joint/Group Filing (Check Applicable rm filed by One Reporting Person rm filed by More than One Reporting rson			
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	s Acc	quired,	, Dis	posed o	f, or	Bene	efici	ally	Owne	ed			
Dat				2. Transa Date (Month/D	Ex Day/Year) if a		. Deemo ecution any onth/Da	Date,	3. Transa Code ( 8)		4. Securities Acquired Disposed Of (D) (Instr.					5. Amount of Securities Beneficially Owned Following Reported		6. Owne Form: D (D) or In (I) (Instr	irect direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount (		A) or D)	Price	Trans		action(s) 3 and 4)			(111341. 4)		
Common Stock				02/19/2020					I		3,713.0	8	A	\$80	).21	11,316.25(1)		I		By RSOP Trust
Common	Stock			02/20	/2020				S		4,919		D	\$79.78 5,638.52 D						
Common	Common Stock 02/20/2020 s 500 D \$79.82 5,138.52							D												
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ate Execution Date,		4. Transaction Code (Instr. 8)		of		Expiration (Month/I	on Dat	ear)	7. Title and Amount of Securities Underlying Derivative Security (Insi and 4)		ount	Deri Secu	. Price of Perivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of Sha	res						

### **Explanation of Responses:**

1. Includes shares acquired in exempt transactions pursuant to ALLETE's retirement savings and stock ownership plan (RSOP) and is based on RSOP plan information available as of February 20, 2020.

### Remarks:

Ingrid K. Johnson for Robert J. 02/21/2020 **Adams** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.