FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*							2. Issuer Name and Ticker or Trading Symbol ALLETE INC [ALE]								all applic Directo	or		10% Ov	vner
(Last) (First) (Middle) 30 WEST SUPERIOR STREET							3. Date of Earliest Transaction (Month/Day/Year) 03/05/2013									r (give title) SVP External Af		Other (s below) Affairs	вреспу
(Street) DULUTH MN 55802						4. If Amendment, Date of Original Filed (Month/Day/Year)									Form f	iled by One	e Rep	g (Check Ap orting Perso n One Repo	n
(City)	(S	tate) (Zip)			Person													
		Tab	le I - No	n-Deriv	/ative	Sec	uriti	es Ac	quired	, Dis	sposed o	of, or Be	nefic	ially	Owned	l			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day.						y/Year) Exe		A. Deemed execution Date, any month/Day/Year)		ction Instr.	4. Securities Acquired Disposed Of (D) (Instr.				5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	•	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 03/05/20									M		3,409	A	\$3	7.76	15,38	34.79 ⁽¹⁾		D	
Common Stock 03/05/20							013		M		7,383	A	\$3	\$39.1 22		767.79		D	
Common Stock 03/05/20							013		S		10,792	D	\$47	47.76 ⁽²⁾ 11,		75.79		D	
Common Stock															8,902 ⁽³⁾			I	By RSOP Trust
		Т	able II -								osed of, converti				wned				
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, T urity or Exercise (Month/Day/Year) if any				ansaction of ode (Instr. Derivative			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		Di Si (li	Price of erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V		(A)		Date Exercisa		Expiration Date	ion Title		int per es						
Employee Stock Option (Rt. to Buy)	\$37.76	03/05/2013			М			3,409	(4)		02/02/2014	Common Stock	3,40)9	\$0	0		D	
Employee Stock Option (Rt. to Buy)	\$39.1	03/05/2013			М			7,383	(5)		02/01/2018	Common Stock	7,38	33	\$0	0		D	

Explanation of Responses:

- 1. Includes shares acquired in exempt transactions under the dividend reinvestment features of ALLETE's stock purchase and dividend reinvestment plan and ALLETE's employee stock purchase plan and is based on plan information available as of March 1, 2013.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$47.66-\$47.91, inclusive. The reporting person undertakes to provide to ALLETE, any security holder of ALLETE, or the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range provided above.
- 3. Includes shares acquired in exempt transactions under ALLETE's retirement savings and stock ownership plan (RSOP) and is based on RSOP plan information available as of March 1, 2013.
- 4. The option vested in three equal installments; one-third vested on February 2, 2005, one-third vested on February 2, 2006, and one-third vested on February 2, 2007.
- 5. The option vested in three equal installments; one-third vested on February 1, 2009, one-third vested on February 1, 2010, and one-third vested on February 1, 2011.

Remarks:

Ingrid K. Johnson for David J. McMillan

03/06/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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