FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number Estimated average burden

3235-0104

				Filed	pursuant to Se or Section 30	Section 16(a) of the Securities Exchange Act of 1934 30(h) of the Investment Company Act of 1940				hours per res	
				Event Requiring y/Year) 10		3. Issuer Name and Ticker or Trading Symbol <u>ALLETE INC</u> [ALE]					
(Last) (First) (Middle) 30 WEST SUPERIOR STREET						4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) Sr VP Mktg, Reg. & Pub Affairs			5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(Street) DULUTH MN 55802											
(City)	(State)	(Zip)									
				Table	I - Non-De	erivative Securities Beneficially Owned	i				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form (D) or Indirect (I) (I		. Nature of Indired	ct Benefici	al Ownership (Instr. 5)	
Common Stock						5,893.29	D				
Common Stock						5,827.89	I	By RSOP Trust			
						vative Securities Beneficially Owned warrants, options, convertible securitie					
Exp				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion Exercise Pri of Derivative	ice Form: Dire	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	- Security					
Employee Stock (Option (Right to Buy)			(1)	01/02/2012	Common Stock	3,861	29.79	E	0	
	Option (Right to Buy)			(2)	02/03/2013	Common Stock	1,931	23.79	E	5	
Employee Stock	option (rugin to Duj)										
1.2	Option (Right to Buy)			(3)	02/03/2014	Common Stock	3,409	37.76	E	D	
Employee Stock (1 (0)/			(3) (4)	02/03/2014 02/01/2015	Common Stock Common Stock	3,409 4,109	37.76 41.36	_		
Employee Stock (Employee Stock (Option (Right to Buy)								E	D	
Employee Stock (Employee Stock (Employee Stock (Option (Right to Buy) Option (Right to Buy)			(4)	02/01/2015	Common Stock	4,109	41.36		D D	

Explanation of Responses:

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1. The option vested in three equal installments; one-third vested on January 2, 2003, one-third vested on January 12, 2004, and the remainder vested on January 2, 2005.
2. The option vested in three equal installments; one-third vested on February 3, 2004, one-third vested on February 3, 2005, and the remainder vested on February 3, 2006.
3. The option vested in three equal installments; one-third vested on February 2, 2005, one-third vested on February 2, 2006, and the remainder vested on February 2, 2007.
4. The option vested in three equal installments; one-third vested on February 1, 2006, one-third vested on February 1, 2007, and the remainder vested on February 2, 2008.
5. The option vested in three equal installments; one-third vested on February 1, 2000, one-third vested on February 1, 2008, and the remainder vested on February 1, 2008.
6. The option vested in three equal installments; one-third vested on February 1, 2000, one-third vested on February 1, 2009, and the remainder vested on February 1, 2009.
7. The option vested in three equal installments; one-third vested on February 1, 2008, one-third vested on February 1, 2009, and the remainder vested on February 1, 2010.
7. The option vests in three equal installments; one-third vested on February 1, 2009, one-third vested on February 1, 2009, and the remainder vested on February 1, 2010.
7. The option vests in three equal installments; one-third vested on February 1, 2009, one-third vested on February 1, 2010, and the remainder will vest on February 1, 2011.
7. The option vests in three equal installments; one-third vested on February 1, 2009, one-third vested on February 1, 2010, and the remainder will vest on February 1, 2011.
7. The option vests in three equal installments; one-third vested on February 1, 2009, one-third vested on February 1, 2010, and the remainder will vest on February 1, 2011.
7. The option vest of the equal installments; one-third vested on February 1, 2010, and the remainder west on February 1, 201

Remarks:

David J. McMillan

** Signature of Reporting Person

10/27/2010 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Numl

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Deborah A. Amberg, Ingrid K. Johnson, Christopher D. Anderson, and Lyssa S. (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of ALLETE, Inc. (Company), Forms 3, 4, and 5 in accord: (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5, compl (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best : The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, c The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Compar This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 19th day October, 2010.

/s/ David J. McMillan David J. McMillan