## FORM 4

\_\_Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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OMB APPROVAL

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 Filed By Romeo and Dye's Section 16 Filer www.section16.net

1. Name and Address of Reporting Person*					TName <b>and</b> Ticker or T <b>E (ALE)</b>	Frading Sy	/mbol	6. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Stender Bruce W.			[		_()			<u>X</u> Director10% Owner				
(Last) (First) (Middle) 227 West First Street, Suite 880				of Reporting Person,			tement for h/Day/Year <b>03</b>	Officer (give title below)Other (specify below)				
	(Street)						Amendment, of Original	7. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
Duluth, MN 55802				(M			th/Day/Year)	Form filed by More than One Reporting Person				
(City)	(State)	(Zip)			Table I — N	on-Deriv	ative Securitie	s Acquired, Disposed of, or Beneficially Owned				
(Instr. 3) action Execution Date Date,		Date,		ode	4. Securities Acquired (Instr. 3, 4 & 5)	(A) or Di		Securities		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	(Month/ Day/ Year)	if any (Month/Day/ Year)	Code	V	Amount	(A) or (D)	1 mee	Owned Follow- ing Reported Transactions(s) (Instr. 3 & 4)	or Indirect (I) (Instr. 4)			
Common Stock	1/31/03		A	Π	1300	A		19137.895	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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# FORM 4 (continued)Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned<br/>(e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2. Conver-	3.	3A.	4.	5	5. Number of D	erivative	6. Date		7. Ti	tle and Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	sion or	Trans-	Deemed	Trans	-	Securities Acqu	Exercisa	able	of U	nderlying	Derivative	Derivative	Owner-	of Indirect	
Security	Exercise	action	Execution	action	1  I	Disposed of (D)	and Expiration		Secu	rities	Security	Securities	ship	Beneficial	
	Price of	Date	Date,	Code				Date		(Inst	r. 3 & 4)	(Instr. 5)	Beneficially	Form	Ownership
(Instr. 3) Derivative		if any			(Instr. 3, 4 & 5)		(Month/Day/				Owned	of	(Instr. 4)		
	Security	L. L.	(Month/	(Instr.	.			Year)					Following	Deriv-	
			Day/ Year)	8)									Reported	ative	
		, ,	,									Transaction(s)	Security:	:	
												(Instr. 4)	Direct		
								ļ						(D)	
				Code	V	(A)	(D)	Date	Expira-		Amount or			or	
									tion		Number of			Indirect	
								cisable	Date		Shares			(I)	
														(Instr. 4)	

**Explanation of Responses:** 

#### By: /s/ <u>Philip R. Halverson</u> Philip R. Halverson for Bruce W. Stender

February 3, 2003 Date

\*\*Signature of Reporting Person

\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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