FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* WELTY CLAUDIA SCOTT				Date of Event Requiring Statement (Month/Day/Year) 09/20/2004			ame and Ticker or Trading Symbol <u>E INC</u> [ALE]					
(Last) 30 WEST SUPERIO	(First) R STREET	(Middle)				Relationship of Reporting Person(s) to Issuer (Check all applicable) Director		10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street)					X Officer (give title below) Sr. VP Support & CA		Other (specify below)		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person			
DULUTH	MN	55802								Form filed by More than One Reporting Person		
(City)	(State)	(Zip)										
				Table	I - Non-De	erivative S	ecurities Beneficially Owned					
					2. Amount o (Instr. 4)	f Securities Beneficially Owned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		lature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock						3,906.67(1)	D					
Common Stock						2,040.21(1)	I By		RSOP Trust			
							curities Beneficially Owned options, convertible securitie	s)				
Expir (Moni						3. Title and Amount of Securities Underlying Deriv (Instr. 4)		Exercise I of Derivat		5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Security			
Employee Stock Opti	on (right to buy)			(2)	01/02/2008		Common Stock	2,169	25.08	D		
Employee Stock Option (right to buy) (3) 01/04/20				01/04/2009		Common Stock	5,359	25.45	D			
Employee Stock Option (right to buy) (4) 01/6				01/03/2010		Common Stock	6,060	18.85	D			
Employee Stock Option (right to buy) (5) 01/02/2011						Common Stock	3,862	27.4	D			
Employee Stock Option (right to buy) (6) 01/02/2012						Common Stock	3,367	29.79	D			
Employee Stock Option (right to buy)				02/03/2013		Common Stock	3,367	23.79	D			
Employee Stock Option (right to buy) (8)				(8)	02/02/2014		Common Stock	3,557	37.76	D		

Explanation of Responses:

- Explanation of Responses:

 1. Total shown reflects the one-for-three reverse stock split effective at 12:00 noon EDT on September 20, 2004.

 2. 50% vested January 2, 1999 and 50% vested January 2, 2000.

 3. 50% vested January 4, 2000 and 50% vested January 4, 2001.

 4. 50% vested on January 3, 2001 and 50% vested on January 3, 2002.

 5. 50% vested on January 2, 2002 and 50% vested on January 2, 2003.

 6. 50% vested on January 2, 2003 and 50% vested on January 2, 2004.

 7. 50% vested on January 3, 2004 and the remaining 50% will vest on February 3, 2005.

 8. The option will vest in three equal installments on February 2, 2005, February 2, 2006 and February 2, 2007.

 Remarks:

Ingrid K. Johnson for Clauda R. Scott Welty

** Signature of Reporting Person

09/30/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Deborah A. Amberg, Ingrid K. Johnson, Christopher D. Anderson, Lyssa S. Sup:

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of ALLETE, Inc. (Company), Forms 3, 4, and 5 in accorda

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5, compi

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best :

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or

The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Compar

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 27th day September, 2004.

/s/ Claudia R. Scott Welty