FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number: 3235-0104

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Johnson Nicole Renee	2. Date of Event Requiring Statem (Month/Day/Year) 06/28/2019	3. Issuer Name and Ticker or Trading Symbol ALLETE INC [ALE]					
(Last) (First) (Middle) 30 WEST SUPERIOR STREET		Relationship of Reporting Person(s) to Issuer (Check all applicable)	10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) DULUTH MN 55802 (City) (State) (Zip)		Director X Officer (give title below) VP & Chief Admin	Other (specify b	elow) 6	X Form filed by Or	Filing (Check Applicable Line) ne Reporting Person ore than One Reporting Person	
Table I - Non-Derivative Securities Beneficially Owned							
1. Title of Security (Instr. 4)		2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock	2,432.75	D					
Common Stock	3,212.78	I		By RSOP Trust			
Common Stock		52.42	I A		As custodian for daugther		
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)							
1. Title of Derivative Security (Instr. 4) 2. Dat Expire (Month		3. Title and Amount of Securities Underlying De (Instr. 4)	Exercise I of Derivat		or 5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
Explanation of Responses:	Date Expira Exercisable Date	Title	Amount or Number of Shares	Security			

Remarks:

** Signature of Reporting Person

07/03/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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*If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

*Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Bethany M. Owen, Ingrid K. Johnson and Christopher D. Anderson, signing sing (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of ALLETE, Inc. (Company), Forms 3, 4, and 5 in accorda (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4, or 5, compication (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best :

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or the undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Compar This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 1st day of July, 2019.

/s/ Nicole R. Johnson Nicole R. Johnson